DATE: August 1 2023

TO: All Employees

FROM: Jacqueline Garner, Executive Director
              Student Support and Health Services

SUBJECT: Student Suicide Prevention: 2023-24

Today's students face increasing pressures, including the ongoing realties of the COVID-19 pandemic, that can lead to emotional distress, depression, anxiety, and even thoughts of suicide. As educators, we can help mitigate these mental health risks and save lives by learning how to recognize signs of emotional distress, warning signs for suicide, and how to help students access supports.

SCUSD Student Suicide Prevention Training Mandate
State Law AB2246, AB1767, & SCUSD Board Policy 5141.52 requires all district staff
and all other adults who work with students to be trained in suicide prevention awareness.

SCUSD has adopted Kognito, an online role play simulation to help us recognize the signs of distress, use conversations to approach, understand and discuss our concerns and refer parents/students to the appropriate resources. The Kognito simulations let you practice these challenging conversations at your own pace through role play with an emotionally responsive virtual student or parent.

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In order to access the online Kognito simulations follow the directions below.

Step 1: Visit SCUSD.Kognito.com

Step 2: Log in or create a new account

Step 3: Scroll down the list of Kognito modules. Select one of the At Risk modules elementary, middle school, or high school then hit the "LAUNCH" button to begin the module. You may start and stop the simulation anytime and will be able to pick back up where you stopped.

Step 4: Complete the ending evaluation, which will automatically generate your