

Date:

Dear Parent/Guardian:

A pupil in your child's classroom was found to have Conjunctivitis. There is a possibility that your child may contract this disease. It is advisable that you watch your child for possible early symptoms of the disease.

Conjunctivitis is a common eye infection or irritation. It often occurs with a cold or ear infection "infectious conjunctivitis." It can be caused by viruses, bacteria, allergies (pollen), chemicals, or eye irritants (smoke, make up, dust). It involves one or both eyes and usually lasts 3-5 days.

Symptoms include:

Red eyes

Itchy, sore, or burning eyes

Sensitivity to light

Crusty eyelashes, especially upon waking

Drainage from the eyes (may require prescription medication)

Conjunctivitis usually takes 2-3 days to develop. It spreads by coughing, sneezing, sharing tissues, towels or make up, and touching other body fluids (saliva, nose drainage, eye drainage) and then touching the eyes.

Should your child develop any of the above symptoms, consult your physician. To guard the health of your child and others, keep your child at home. Report the illness to the school.

Your child may return to school 24 hours after antibiotic treatment (for bacterial infections only).

Thank you for your cooperation in this matter.

Child Development Preschool Nurses

Lori Souza, RN            916-395-5500 ext 705012

Lisa Stevens, RN        916-395-5500 ext 705021