

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT  
BOARD OF EDUCATION**

Agenda Item# 9.2

**Meeting Date:** September 21, 2023

**Subject:** Approve Resolution No. 3345 National Suicide Prevention and Recovery Month

Information Item Only  
Approval on Consent Agenda  
Conference (for discussion only)  
Conference/First Reading (Action Anticipated: \_\_\_\_\_)  
Conference/Action  
Action  
Public Hearing

**Division:** Student Support & Health Services

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT  
BOARD OF EDUCATION**

**RESOLUTION NO. 3345**

**“NATIONAL SUICIDE PREVENTION AND RECOVERY MONTH”**

**WHEREAS**, the week of September 10-16, 2023 is National Suicide Prevention Week, and September 2023 is National Recovery Month, when millions of people around the world join their voices to share a message of hope and healing; and

**WHEREAS**, these observances are united in raising awareness that prevention is possible; treatment is effective; and people can and do recover to live healthy, fulfilling lives; and

**WHEREAS**, according to the Centers for Disease Control, one person dies by suicide every 11.7 minutes, resulting in nearly 45,000 deaths each year in the United States; and

**WHEREAS**,  
and help-seeking skills including support social-emotional learning programs, providing caregiver support and training to improve family relationships, and support resiliency building through education programs; and

**WHEREAS**, providing a safe and nurturing school environment ensures both the physical, psychological, and emotional safety of students and staff and minimizes suicidal ideation; and

**WHEREAS**, we must encourage friends, family, co-workers, and providers to recognize the signs of a problem, warning signs of suicide, and guide those in need to appropriate services and supports - as friends and social media are key sources of information for young people; and

**WHEREAS**, the most recent 2023 California Healthy Kids Survey of SCUSD students indicated that 38% of SCUSD students reported feeling chronic sadness and 17% reported seriously considering suicide in the past 12 months; and

**WHEREAS**

**WHEREAS**