

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION
Resolution 3167**

Agenda Item# 7.2

Meeting Date: September 17, 2020

Subject: Resolution No. 3167: National Suicide Prevention and Recovery Month

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
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**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION**

RESOLUTION NO. 3167

“NATIONAL SUICIDE PREVENTION AND RECOVERY MONTH”

WHEREAS, the week of September 6-12, 2020 is National Suicide Prevention Week, and September 2020 is National Recovery Month, when millions of people around the world join their voices to share a message of hope and healing; and

WHEREAS, these observances are united in raising awareness that prevention is possible; treatment is effective; and people do recover; and

WHEREAS, in these challenging times messages of hope and healing are more needed than ever; and

WHEREAS, a recent youth survey by Sacramento citiesRISE found that 65% of youth reported not knowing where to get help even if they were willing to seek it out; and

WHEREAS, the recent California Healthy Kids Survey of SCUSD students indicated that on average 1 in 5 students has considered suicide in the past 12 months; and

WHEREAS, a recent study in the American Medical Association journal JAMA Network Open found that with the COVID-19 pandemic and social distancing, nearly a quarter of people in the United States are experiencing symptoms of depression, three times as much as before the pandemic; and

WHEREAS, Sacramento residents should be able to easily access high quality and culturally relevant prevention, support, rehabilitation, and treatment services that lead to recovery and a healthy lifestyle; and

WHEREAS, we must encourage friends, family, co-workers, and providers to recognize the signs of a problem, and guide those in need to appropriate services and supports - as friends and social media are key sources of information for young people; and

WHEREAS, the SCUSD Student Support & Health Services team is dedicated to promoting and providing suicide prevention awareness, education and interventions designed to build resiliency, create safety, and find hope.

NOW, THEREFORE, BE IT RESOLVED that the Sacramento City Unified School District Board of Education proclaims the month of September 2020 is Suicide Prevention and Recovery Month: "Finding Hope, Building Resiliency, Supporting Recovery."

PASSED AND ADOPTED by the Sacramento City Unified School District Board of Education on this 17th day of September, 2020, by the following vote:

AYES: _____

NOES: _____

ABSTAIN: _____
